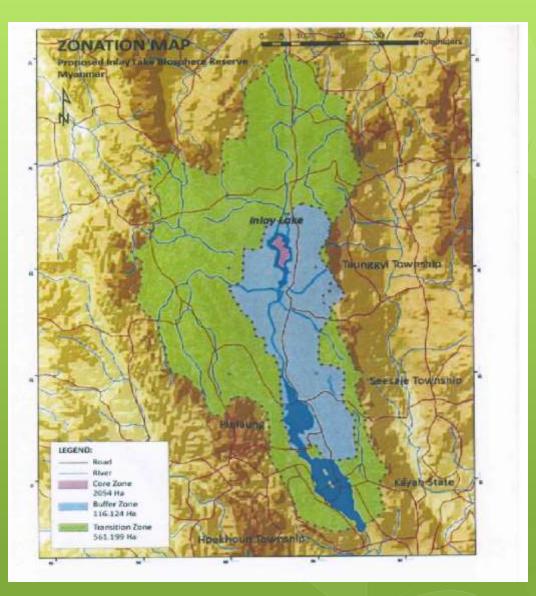
# Sustainable Agricultural Practices of Farmers through Farmer Field School Approach

by

Heather Morris

"Doh Taung Thu"(LNGO)

#### Location of Inle Lake



#### Situation of Inle Lake

- Inle Lake is suffering from environmental degradation due to unsustainable practices in forestry, farming and fishing
- Lake waters are polluted by pesticide sprays and fertilizer applications on floating gardens
- Soil erosion on surrounding mountains are building up silt in the lake and water area is decreasing
- Fish and plant species are disappearing at a fast rate

#### Measures undertaken

- With the support from Norwegian government, UNDP worked together with implementing partners to restore the area and initiated the Inle Lake Conservation and Rehabilitation Project
- The Farmer Field School Approach was set up as an extension model to build capacity of local farmers

# Objectives

>Conservation of the environment

➤ Improve the health of residents

Produce safe and healthy agricultural products

Develop an effective extension model

# School without walls



#### Plants are the teachers



# Regular extension message



# Learning by doing



# Seeing is believing



# Bottom up approach

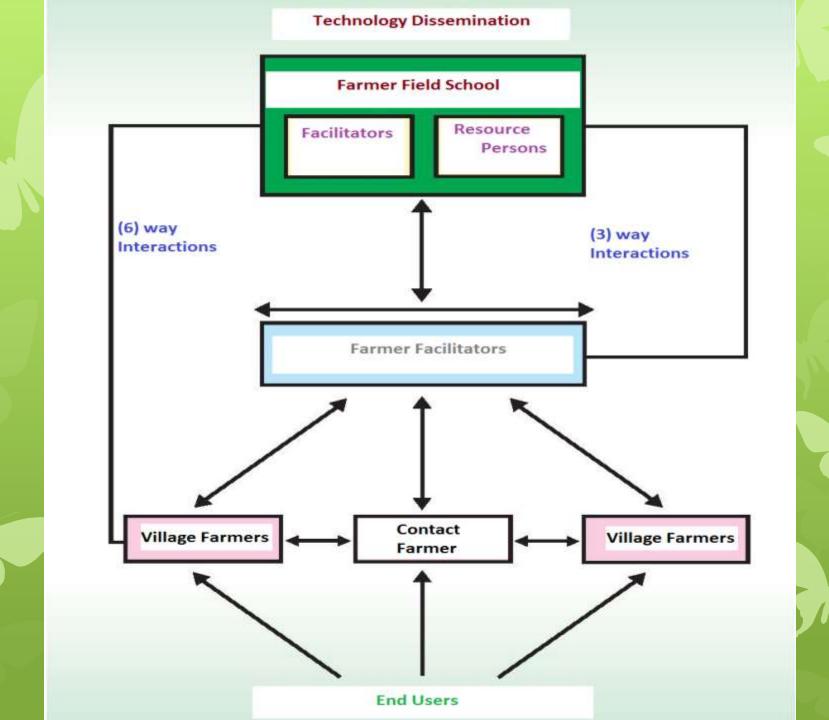


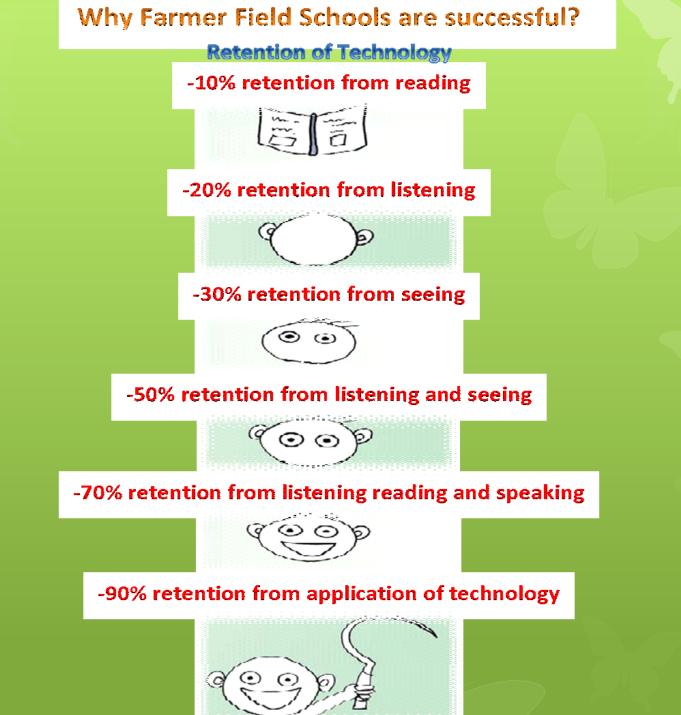
# FFS is by the farmers



## Trainers are facilitators







#### Steps in setting up FFSs

- > Select Facilitators
- > Select FFS location
- > Select farmer participants
- Conduct Training of Trainers/Concept Training
- > Start regular school sessions
- >> Prepare educational handouts
- Conduct Field days
- ➤ Conduct exchange visits

# <u>Methods</u>

# Compost making







# Water Hyacinth



# Cutting by Hand



# Water Hyacinth Shredder



# **Methods**

> Mulching Tomato Plants



# <u>Methods</u>

> Fermented Plant Juice (FPJ)



# Fermented Fruit Juice (FFJ)



# Fish Amino Acid (FAA)



## Vermiculture



#### Vermiculture Concrete Tank



# Methods

>Bordeaux mixture



#### **Methods**

- >Seed selection
- >Appropriate plant spacing
- Plant management (mulching, green manuring)
- Correct plant sowing time





# ❖ Results





#### Chemical free Niger



#### Chemical free Wheat





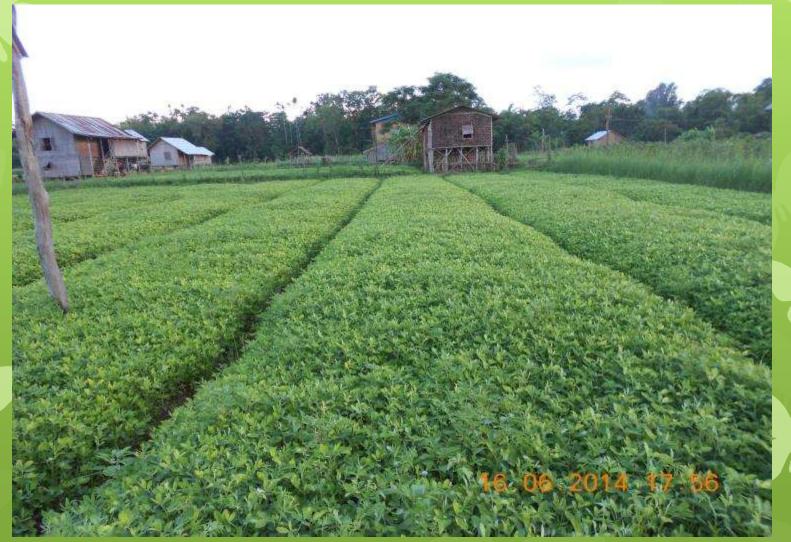
#### Chemical free Garlic



# Chemical free Tomato



# Chemical free agricultural crops Sinpadaethar Groundnut



# Chemical free Corn



## Chemical free agricultural crops

French Beans



Paddy



# Chemical free agricultural crops

**Tomato** 



Egg plant





#### Market Linkages

>One female farmer has sold 400 lbs of unshelled chemical free groundnuts to organic sale center at Yangon and has sold 500 viss of organic groundnut oil to Yangon, Taungyi and Nyaung Shwe



# Organic Fair



# Exposure trip for farmers



#### Organic Certificates



# Organic Farmer





#### Farmers from Shan State



# FFS model can be used for many disciplines

- ➤ Climate change mitigation
- >Food Security strategy
- > Farmer Business schools
- >Farmer Income generation
- >HIV/AIDS awareness raising
- ➤ Integrated Pest Management

# Thank you for your attention





Safety Food, Healthy Life with Our Earth.